

**3.4.3 Number of extension and outreach Programmes conducted by the institution through NSS/ NCC/ Red Cross/ YRC etc., (including the programmes such as Swachh Bharat, AIDS awareness, Gender issues etc.) and/or those organized in collaboration with industry, community and NGOs during the year(15)**

Number of extension and outreach Programs conducted in collaboration with industry, community and Non-Government Organizations through NSS/NCC/Red Cross/YRC etc., during the year

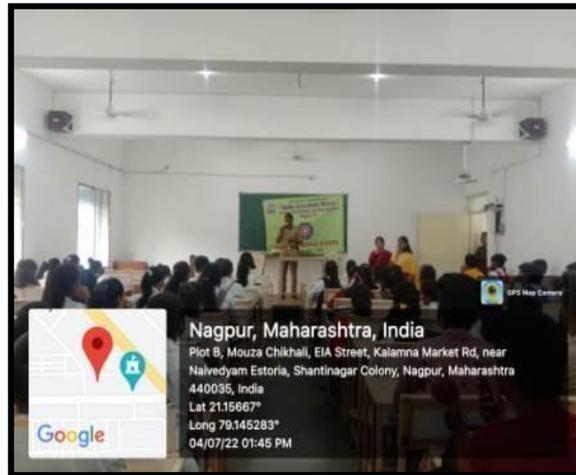
S.No	Name of the activity	Organizing unit/ agency/ collaborating agency	Name of the scheme	Year of the activity	Number of students participated In such activities	Page No
1	Eve-Teasing Awareness	NSS Unit of our College & Kalamna Police	National Service Scheme	2022	88	4
2	A Report on Cyber Security Awareness Program	NSS Unit of our College & Kalamna Police	National Service Scheme	2022	80	4
3	Anti Narcotics Awareness Drive	NSS Unit & Nagpur Crime Branch Police	National Service Scheme	2022	68	5
4	Covid-19 Vaccination n Camp (Booster Dose)	NSS Unit & NMC Public Health Care Centre	National Service Scheme	2022	99	5
5	Tetanus-Diphtheria (Td) Booster	NSS Unit & NMC Public HealthCare Centre	National Service Scheme	2022	201	6
6	Harghar Tiranga abhiyan	NSS Unit & Government of India under the aegis of Azadi Ka Amrit Mahotsav	National Service Scheme	2022	100	6
7	Aids Awareness Program	NSS Unit & Indian Institution of Youth Welfare, And NGO	National Service Scheme	2022	65	6

S.No	Name of the activity	Organizing unit/ agency/ collaborating agency	Name of the scheme	Year of the activity	Number of students participated in such activities	Page No
8	Orientation program for NSS volunteers	NSS Unit of our College	National Service Scheme	2022	81	7
9	Guest Lecture on "Functional Foods & Nutraceuticals"	NSS Unit & UGC Human Resource Development, Centre, RTMNU.	National Service Scheme	2022	60	7
11	NSS foundation day	NSS Unit of our College	National Service Scheme	2022	70	8
12	Sickle Cell Screening Camp	NSS Unit & "Sickle Cell association", Nagpur	National Service Scheme	2022	60	8
13	Blood Donation Camp	NSS Unit & Blood bank of Lata Mangeshkar Hospital	National Service Scheme	2022	50	9
14	Blood Group Detection Camp	NSS Unit & Blood bank of Lata Mangeshkar Hospital	National Service Scheme	2022	65	9
15	Gynecological Counseling Session	NSS Unit & Blood bank of Lata Mangeshkar Hospital	National Service Scheme	2022	75	10
16	Free Eye Check Up Camp	NSS Unit Mahatme Eye Bank	National Service Scheme	2022	201	10
17	General Health Check-Up Camp	NSS Unit & Radiance Hospital, Nagpur	National Service Scheme	2022	150	11

S.No	Name of the activity	Organizing unit/ agency/ collaborating agency	Name of the scheme	Year of the activity	Number of students participated in such activities	Page No
18	Visit to NGO "Samarpan"	NSS Unit of our College	National Service Scheme	2022	35	12
19	Youth Day Celebration	NSS Unit of our College	National Service Scheme	2023	75	12
20	Health Check-up camp	NSS Unit of our College	National Service Scheme	2023	102	13
21	Street play to aware people about importance of education	NSS Unit & Masoom NGO	National Service Scheme	2023	10	13

### 1) **4.7.2022AnEve-TeasingAwareness**

An **Eve-Teasing in college campus-Awareness and Prevention programme** was **organized** on 4<sup>th</sup> July 2022 .Chief guest Mrs. Chanda Dandawate (API) from Kalamna Police Station addressed students on preventive measures, emphasizing the impact on women's productivity and mobility. She provided guidance on recognizing and reporting eve- teasing, shared child helpline numbers, and informed about police assistance in cases of sexual harassment



### 2) **6.7.2022AReportonCyberSecurityAwarenessProgram**

Cyber Security awareness program was organized on July 6, 2022, with the support of Kalamna Police Station's Cyber Crime Department. Key speaker Mr. Bablu Thakur provided guidelines on social media security, emphasized two-step authentication for Gmail, and highlighted precautions for gaming platforms. The program, benefiting 70 students.



### 3) **14.07.2022 Anti Narcotics Awareness Drive**

NSS Unit of our college joined the Nagpur Crime Branch's online Anti-Narcotics Awareness Drive on July 14, 2022. The theme was 'Say no to Drug Abuse.' Mr. Harmesh Parmar and Deputy Police Detention Officer Chinmay Pande initiated the event, highlighting the physical and mental impacts of drugs. Joint Commissioner of Police, Ms. Aswati Dolje, emphasized vigilance on college premises, and Dr. Shreyas, a psychiatrist, warned against the long-term health effects.



### 4) **30.7.2022 Covid-19 Vaccination Camp (Booster Dose)**

A Booster Dose Vaccination Camp was organized for faculty and parent on July 30, 2022, in collaboration with NMC Public Health Care Centre. NSS volunteers assisted the health department, ensuring smooth operations with Covishield and Covaxin available. Ninety-five people benefited, and the success was attributed to the efforts of doctors, Sister Sushma, vaccine administrators, and College Administration.



### 5) **4.8.2022 Tetanus-Diphtheria(Td)Booster.**

The NSS unit organized a Tetanus-Diphtheria (Td) booster vaccination camp on September 28, 2022, for Junior college students below 18. 220 students vaccinated, with active participation from NSS volunteers in the camp arrangements.



### 6) **11.8.2022 HARGHARTIRANGA ABHIYAN**

The NSS unit of our college actively participated in the "Har Ghar Tiranga Abhiyan," a government campaign to commemorate freedom fighters. The initiative distributed 100 flags to students, urging them to hoist the Tiranga at home and spread awareness about the event to encourage wider participation in marking the 75th year of India's independence.



### 7) **12.8.2022 Aids Awareness Program**

On August 12, 2022, our college's NSS Unit organized a guest lecture by Nitu S. Shinde from the Ti Trucker Project for International Youth Day. Mrs. Shinde addressed 110 students, clarifying misconceptions about HIV/AIDS.



### 8) **3.9.2022 Orientation program for NSS volunteers**

On September 3, 2022, our college's NSS unit conducted an orientation program. B.Com III student, Mr. Ankit Sahu, explained the NSS motto, emblem, objectives, and activities. A video showcasing NSS programs was presented to newcomers, fostering understanding and active participation in discussions about the various activities carried out by NSS.



### 9) **17.9.2022 Guest Lecture on "Functional Foods & Nutraceuticals"**

The NSS unit organized a Guest Lecture on "Functional Food and Nutraceuticals" for girls on September 17, 2022. Dr. Rekha Sharma from Rashtrasant Tukadoji Maharaj Nagpur University explained the importance of nutrition and highlighted the benefits of functional foods and nutraceuticals. The program, attended by 102 students, aimed to promote awareness during "Rashtriya Poshan Maah" as part of the POSHAN Abhiyaan. Vaishnavi Rajput delivered the concluding Vote of Thanks.



### **10.26.9.2022NSSfoundation day**

A celebration for NSS Foundation Day took place on September 26, 2022. Dr. Bhau Daydar, former NSS coordinator of R.T.M. Nagpur University, was the chief guest. Dr. Sudha Bhide, the college director, provided an introduction, and Dr. Daydar spoke about the significance and responsibilities of NSS in a student's life. The event concluded with students' singing the NSS song and the National Anthem.



### **11.1.10.2022Sickle Cell Screening Camp**

An awareness camp on Sickle Cell Anemia was organized on October 1, 2022, in collaboration with the Sickle Cell Association, Nagpur. The program aimed at preventing the birth of children affected by the disease through screening and awareness initiatives. Out of 183 students tested, 12 were found positive, leading to a counseling session for affected students and their parents by the association.



### **12.7.10.2022 Blood Donation Camp**

A blood donation camp in collaboration with Lata Mangeshkar Hospital's blood bank was held on October 7, 2022. The event started at 10:00 a.m. with an inaugural function, welcoming Dr. Sanjay Koregaonkar and his team. A total of 24 units of blood were collected, and donors received refreshments, certificates, cards, and T-shirts from the hospital.



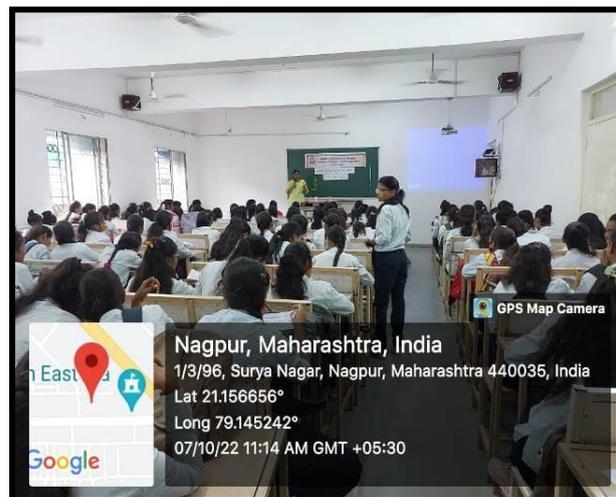
### **13.7.10.2022 Blood Group Detection Camp**

125 students participated in the blood group detection camp held on 7<sup>th</sup> Oct 2022 in collaboration with Lata Mangeshkar Hospital, Nagpur.



#### 14. **10.2022GynecologicalCounselingSession**

A gynecological counseling session was conducted on October 7, 2022, at the college premises. Dr. Mrunali Wankhade, a gynecologist from Lata Mangeshkar Hospital Nagpur, educated girls on menstruation hygiene, emphasizing the health risks associated with poor hygiene. The session also addressed myths surrounding menstruation in India, with girls interacting with Dr. Mrunali to discuss and clarify doubts related to menstruation challenges.



#### 15. **9.11.2022FreeEyeCheckUpCamp**

A "Free Eye Check-Up Camp" in collaboration with Mahatme Eye Bank was organized on November 9, 2022, near Dipty Signal at Sitla Mata Mandir. Inaugurated by Nagar Sewak Ishwar Kawale, the camp received an excellent response with 96 people aged 40 and above benefiting from the eye check-up. Twenty-five individuals were advised for free cataract surgery by Mahatme Eye Bank.



### 16. **9.11.2022 Sickle Cell Screening Camp**

A Sickle Cell Screening Camp in collaboration with Mahatme Hospital was organized for Zila Parishad School at Dipty Signal, Nagpur. The camp tested 173 students aged 8 to 11, with 10 testing positive. Dr. Archana Wath counseled the parents of positive students, providing information about the disease, and advising them on folic acid supplements and a healthy diet.



### 17. **9.11.2022 General Health Check-Up Camp**

A "General Health Check-Up Camp" in collaboration with Radiance Hospital was organized for Dipty Signal residents on November 9, 2022. Nagar Sewak Umesh Rajurkar inaugurated the camp at 10 am, featuring ECG, blood pressure, diabetic check-ups, and consultations. Over 200 people received free consultations, medicines, and ECG for four individuals. The event concluded with both patients and the medical team expressing satisfaction.



### 18. **15.12.2022** Visit to NGO “Samarpan”

On December 15, 2022, our volunteers distributed new and used woolen blankets and clothing to those in need, particularly patients and their families traveling to Government Medical Hospital for treatment.. The initiative saw the active participation of 30 volunteers.



### 19. **12.1.2023** Youth Day Celebration

On January 12, 2023, Youth Day was celebrated with an elocution competition involving 15 students. The topic was "New Education Policy: Role of Teachers, Students, and Colleges." Poonam Shahu (B.Com II) won the first prize, and Ankit Thakre (B.Sc. IT III) secured the second prize. All NSS volunteers contributed to the success of the event.



### **20.25.2.2023 Health Check-up camp**

A health check-up camp for students in grades 11 and 12 was organized on the college grounds as part of the Sudran Balak Jagruk Palak program. Collaborating with the Nagpur Municipal Corporation Health Department, Dr. Waliur Rehman and his staff conducted examinations, provided advice, and distributed medicine. A total of 158 students benefited from the camp.



### **21.21.4.2023 to 26.4.2023 Street play to aware people about importance of education in association with Masoom NGO**

The NSS unit of our college proudly supports the 'Masoom' NGO, dedicated to promoting education for all, especially the underprivileged, through night schools. Our volunteers actively participated in street plays across Nagpur, raising awareness about the significance

of education and encouraging people to join night schools. This collaboration with Masoom aims to contribute to the noble goal of achieving 100% literacy in the nation.

